



September 2005

There is no glory in practice, but without practice there is no glory

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6 JR/SR Practice @ Dakota H.S.	7	8 JR/SR practice @ CVHS	9	10
11	12	13 JR/SR Practice @ Dakota H.S.	14	15 JR/SR practice @ CVHS	16	17
18	19	20 JR/SR Practice @ Dakota H.S.	21	22 JR/SR practice @ CVHS	23	24
25	26	27 <u>No</u> Jr/Sr practice unless noted in newsletter	28	29 JR/SR practice @ CVHS	30	

(UNEXPECTED CANCELLATIONS MAY OCCUR)

<u>Freshman</u>	Monday	6:00 – 7:00	YMCA
	Wednesday	6:00 – 7:00	YMCA
	Thursday	6:30 – 7:30	YMCA
	Sunday	6:00 – 7:00	YMCA (beginning Sept 18)
<u>Sophomore</u>	Monday	5:30 – 6:45	Mt. Clemens H.S.
	Wednesday	5:30 – 6:45	Mt. Clemens H.S.
	Friday	6:00 – 7:15	Mt. Clemens H.S.
	Sunday	6:00 – 7:00	YMCA (beginning Sept 18)
<u>Junior</u>	Monday	6:45 – 8:30	Mt. Clemens H.S.
	Tuesday	6:00 – 7:30	Dakota or CVHS (see calendar above)
	Wednesday	6:45 – 8:30	Mt. Clemens H.S.
	Thursday	6:00 – 7:30	Dakota or CVHS (see calendar above)
	Friday	5:30 – 7:00	LCN
	Sunday	7:00 – 9:00	YMCA (beginning Sept 18)
<u>Senior</u>	Monday	5:00 – 7:30	LCN (1/2 hour of dryland)
	Tuesday	6:00 – 8:00	Dakota or CVHS (see calendar above)
	Wednesday	5:00 – 7:30	LCN (1/2 hour of dryland)
	Thursday	6:00 – 8:00	Dakota or CVHS (see calendar above)
	Friday	5:00 – 7:30	LCN (1/2 hour of dryland)
	Sunday	7:00 – 9:00	YMCA (beginning Sept 18)